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Welcome Back! This week we will be combining videos of similar exercises to make it easier to understand when they just require a small difference such as finish right, or finish left. As always, please feel free to contact me with any questions.
This week, we will be going over the following signs:
401: Call Dog Front 90 Pivot Right, Finish Left
402: Call Dog Front 90 Pivot Right, Finish Right
403: Call Dog over Broad Jump - Front - Finish Right
404: Call Dog over Broad Jump - Front - Finish Left
405: HALT-90 Pivot Right-HALT-180 Pivot Left-HALT
406: HALT-90 Pivot Left-HALT-180 Pivot Right-HALT
407: Forward, Reverse 3 steps, Pivot $90^{\circ}$ Left \& Forward
408: Forward, Reverse 3 steps, Pivot 90 Right \& Forward


## Exercise 401: Call Dog Front $90^{\circ}$ Pivot Right, Finish Left

To perform this exercise, the team will be heeling forward. When the team approaches the sign, the handler may take several steps backwards while calling the dog to front. The dog should come to the handler and sit in front. The handler will command and/or signal the dog to stay and will then perform a $90^{\circ}$ pivot to the right but must remain over the same floor space. When the pivot has been completed, the dog should be facing the handler's left hip. If necessary, the handler may remind the dog to stay before, during, or after the pivot. The dog does not move during the pivot, only the handler will move. Once the handler is standing in the new position, they will command the dog to finish to the left. The dog will go directly to heel position by pivoting to the right and coming to a sit. The team must pause before moving forward to the next exercise station.

## Exercise 402: Call Dog Front $90^{\circ}$ Pivot Left, Finish Right

This exercise is identical to Exercise 401 except that the handler pivots to the left and the dog finishes to the right. These two exercises will be demonstrated in the same video.
To perform this exercise, the team will be heeling forward. When the team approaches the sign, the handler may take several steps backwards while calling the dog to front. The dog should come to the handler and sit in front. The handler will command and/or signal the dog to stay and will then perform a $90^{\circ}$ pivot to the left but must remain over the same floor space. When the pivot has been completed, the dog should be facing the handler's right hip. If necessary, the handler may remind the dog to stay before, during, or after the pivot. The dog does not move during the pivot, only the handler will move. Once the handler is standing in the new position, they will command the dog to finish to the right. This will require the dog to go clockwise, around and behind the handler before coming to a sit in heel position. The team must pause before moving forward to the next exercise station.

## Exercise 403. HALT-Leave-Call Dog Over Broad Jump-Front-Finish Right <br> Exercise 404: HALT-Leave-Call Dog Over Broad Jump-Front-Finish Left

There is an addition to the principle part of these exercises stating that the dog must come when called. If the dog does not come on the second command and/or signal to come, they will be assessed a non-qualifying score. A major deduction will be assessed for any dog that does not come on the first command and/or signal to come.

A directional shift arrow may be used with this station to let the handler know where they are going, and attention should be given to this exercise during the walkthrough so handlers understand where they need to go after the exercise is performed. Handlers and dogs will need to know if they are going to the left or the right since they will be facing toward the jump when this exercise is completed.


HALT - $90^{\circ}$ Pivot Right, HALT $180^{\circ}$ Pivot Left - HALT


## Exercise 403. HALT-Leave-Call Dog Over Broad Jump-Front-Finish Right

To perform this exercise, the team will approach the jump and will remain at least 8 feet from the jump before coming to a halt with the dog sitting at heel. The handler should stop so that the dog is centered with the jump. The handler may command the dog to stay and will then walk to the other side of the broad jump and will center themselves with the jump on the opposite side as they turn and face the jump. The handler must be a minimum of 8 feet beyond the last board of the broad jump. Once the handler has stopped, they will command the dog to come to front. The dog must come on the first command and/or signal by jumping the broad jump without touching any part of it and come to the front position. The handler may take several steps backwards to aid the dog in making a proper approach to the front position. The handler will then command the dog to finish to the right. The dog will go clockwise, around and behind the handler to come to a sit in heel position. The team must pause briefly before moving forward to the next station.

## 404: HALT-Leave-Call Dog Over Broad Jump-Front-Finish Left

To perform this exercise, the team will approach the jump and will remain at least 8 feet from the jump before coming to a halt with the dog sitting at heel. The handler should stop so that the dog is centered with the jump. The handler may command the dog to stay and will then walk to the other side of the broad jump and will center themselves with the jump on the opposite side as they turn and face the jump. The handler must be a minimum of 8 feet beyond the last board of the broad jump. Once the handler has stopped, they will command the dog to come to front. The dog must come on the first command and/or signal by jumping the broad jump without touching any part of it and come to the front position. The handler may take several steps backwards to aid the dog in making a proper approach to the front position. The handler will then command the dog to finish to the left. The dog will go directly to heel position by moving to the left of the handler before coming to a sit. The team must pause briefly before moving forward to the next station.

## 405: HALT- $90^{\circ}$ Pivot Right-HALT-180 Pivot Left-HALT

These two signs can be a little confusing, so be sure to consider them carefully while training. Take your time and remember which way you are going. These two exercises will be demonstrated in the same video.

To perform this exercise, the team will approach the sign and come to a complete halt. The handler and dog will make a $90^{\circ}$ pivot to the right. My dog was a little slow on the pivot in the video demonstration, so be sure the dog pivots with you. Once the team comes to a complete halt, the team will make a second pivot that is a $180^{\circ}$ pivot to the left. The dog must move backwards with the handler. Essentially, the team will be facing in the opposite direction once the pivot is performed. The team will then come to a halt before moving on to the next exercise.

## 406: HALT-90 Pivot Left-HALT-180 Pivot Right-HALT

To perform this exercise, the team will approach the sign and come to a complete halt. The handler and dog will make a $90^{\circ}$ pivot to the left. This will require that the dog pivot backwards to execute the pivot with the handler. Once the team comes to a complete halt, the handler will make a second pivot that is a $180^{\circ}$ pivot to the right. This pivot requires that the handler pivot in place and the dog turns while the handler pivots. Essentially, the team will be facing in the opposite direction once the pivot is performed. The team will then come to a halt before moving on to the next exercise.

## 407: Forward, Reverse 3 steps, Pivot $90^{\circ}$ Left \& Forward

 408: Forward, Reverse 3 steps, Pivot $90^{\circ}$ Right \& ForwardThere has been a change to these exercise instructions. The word "pausing" has been changed to "stopping" and will now read as follows:
The dog and handler shall be heeling forward prior to performing this exercise. As the team approaches the sign, the handler will take 3 normal steps backward in a straight line. After completion of the backward steps and without stopping, the handler will pivot $90^{\circ}$ to the left and continue forward. The dog is to remain in heel position. The handler and dog will continue in the new direction to the next exercise sign.

These two signs take some practice to execute. It is obvious that there must be some type of stopping to reverse your forward motion and to pivot. However, this should be done without any type of pausing. Pay attention to footwork for this exercise. Feet should not come together for the backwards steps but should come together for the pivot since the pivot is performed in place.


## 407: Forward, Reverse 3 steps, Pivot $90^{\circ}$ Left \& Forward

To perform this exercise, the team will be moving forward while heeling. As the team approaches the sign, the handler will take 3 normal steps backward in a straight line.
After the completion of the 3 steps backwards, and without stopping, the team will pivot $90^{\circ}$ to the left and continue to move forward. The dog is to remain in heel position throughout the exercise.

408: Forward, Reverse 3 steps, Pivot $90^{\circ}$ Right \& Forward
To perform this exercise, the team will be moving forward while heeling. As the team approaches the sign, the handler will take 3 normal steps backward in a straight line.
After the completion of the 3 steps backwards, and without stopping, the team will pivot $90^{\circ}$ to the right and continue to move forward. The dog is to remain in heel position throughout the exercise.

