



OFFICIAL UNITED KENNEL CLUB RALLY OBEDIENCE 2020 RULE CHANGE GUIDE

WEEK 2 - SIGNS 137, 138, 203, 204, 205, 209 & 210

Welcome back! This week, we will cover the following signs:

137: Figure 8 to Right (using cones)

138: Figure 8 to Left (using cones)

203: HALT - Sit, Handler Walks Around Cone, Back to Dog

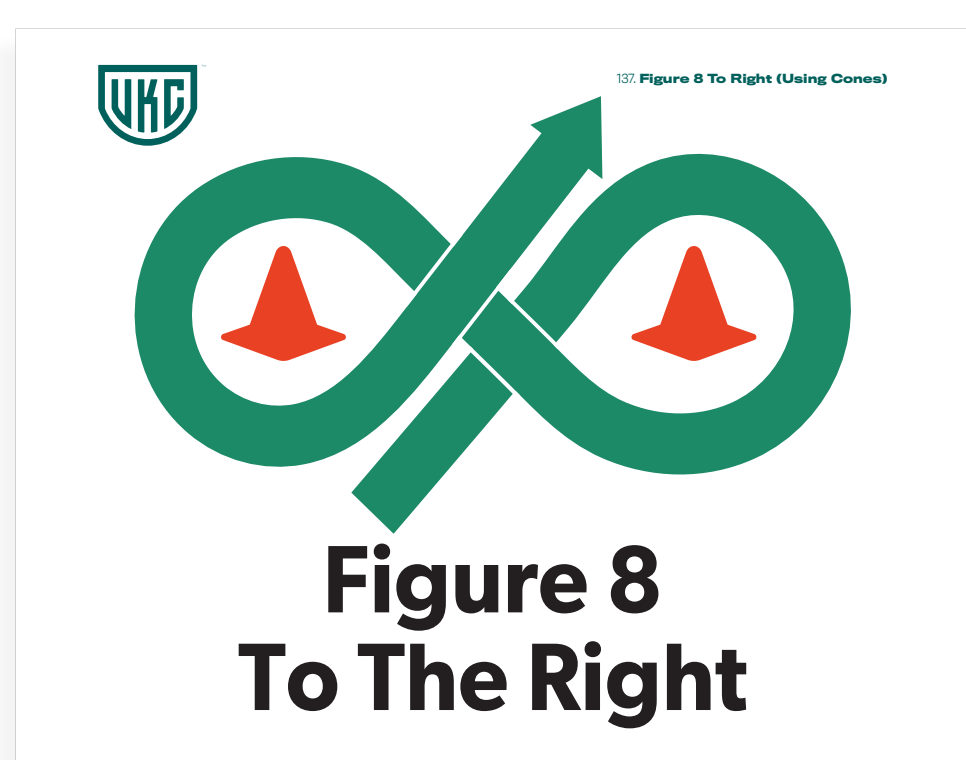
204: HALT - Down, Handler Walks Around Cone, Back to Dog

205: Halt - Leave and Face Dog - Down Dog - Return and Forward

209: Double Pivot 90 Left - HALT

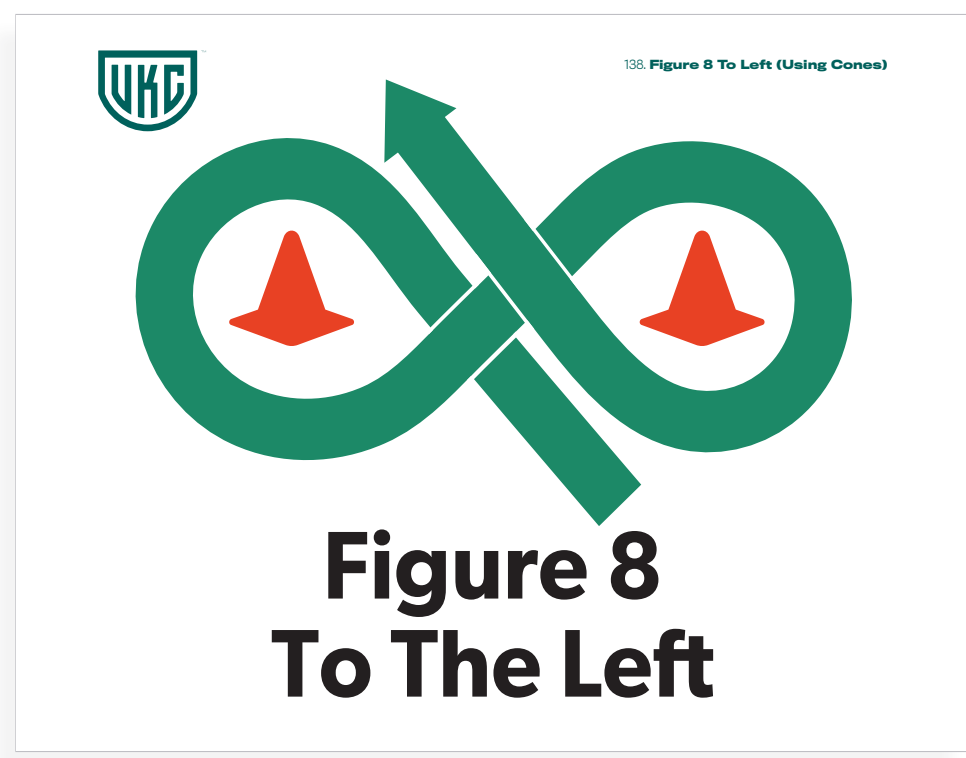
210: Double Pivot 90 Right - HALT

[Click here to visit our YouTube Channel to see videos](#)



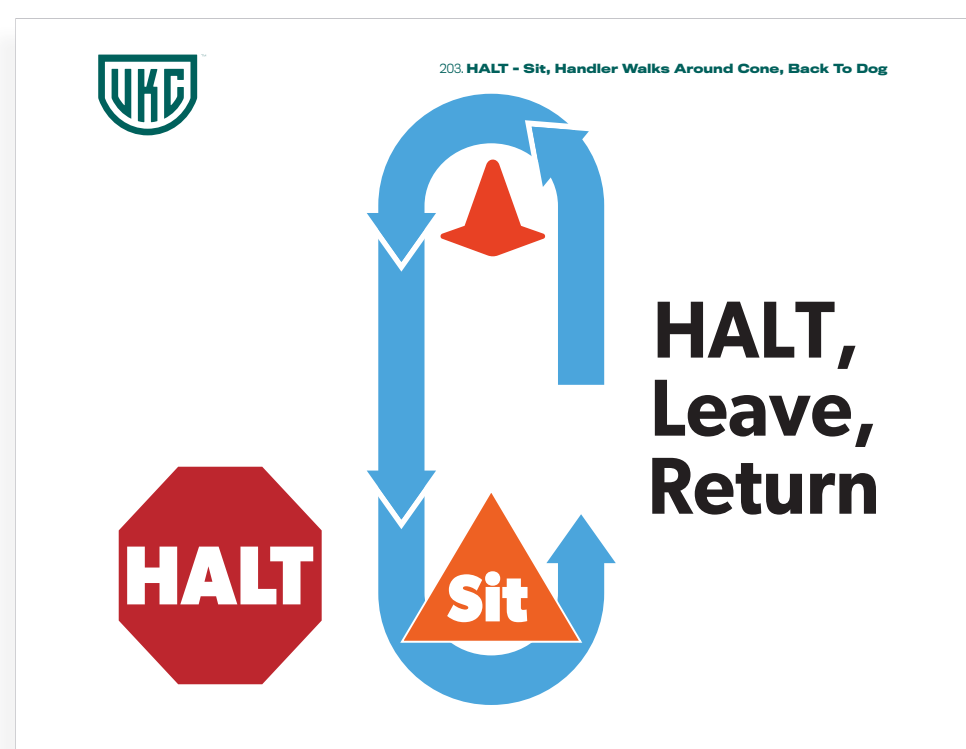
Exercise 137. Figure 8 to Right (using cones)

For this exercise, there will be two cones placed approximately 6 feet apart. The team will approach the sign with the first cone on their right-hand side. When the team goes around the first cone, the dog will be on the outside. The team will complete the circle around the first cone before crossing through the middle between the two cones. They will then make a complete circle around the opposite cone, which will be on the handler's left side, and the dog will be on the inside. The team will continue around the cone and cross over the center again before continuing forward. The team should cross the center line three times. When the team exits this exercise, they will be headed in the same direction as they were when they entered.



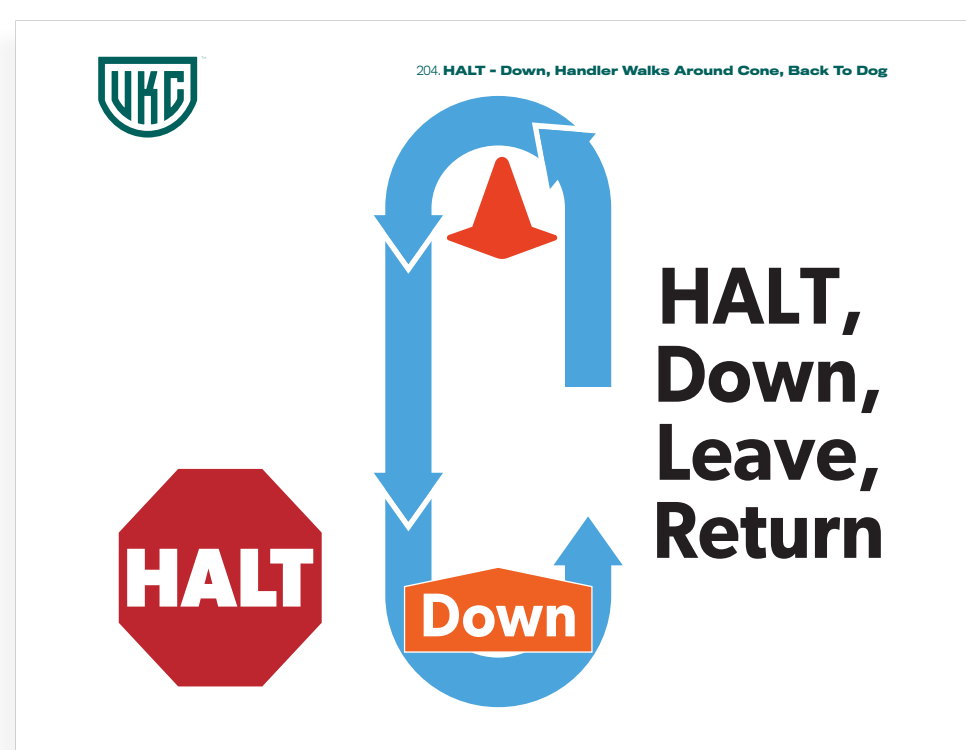
Exercise 138. Figure 8 to Left (using cones)

This exercise is similar to Exercise 137, but will be performed in the reverse direction. It will also have two cones placed approximately 6 feet apart. The team will approach this sign with the first cone on the handler's left-hand side. When the team goes around the first cone, the dog will be on the inside. The team will complete the circle around the first cone before crossing through the middle between the two cones. They will then make a complete circle around the opposite cone, which will be on the handler's right side, and the dog will be on the outside. The team will continue around the cone and cross over the center again before continuing forward. The team should cross the center line three times. When the team exits this exercise, they will be headed in the same direction as they were when they entered.



Exercise 203. HALT - Sit, Handler Walks Around Cone, Back to Dog

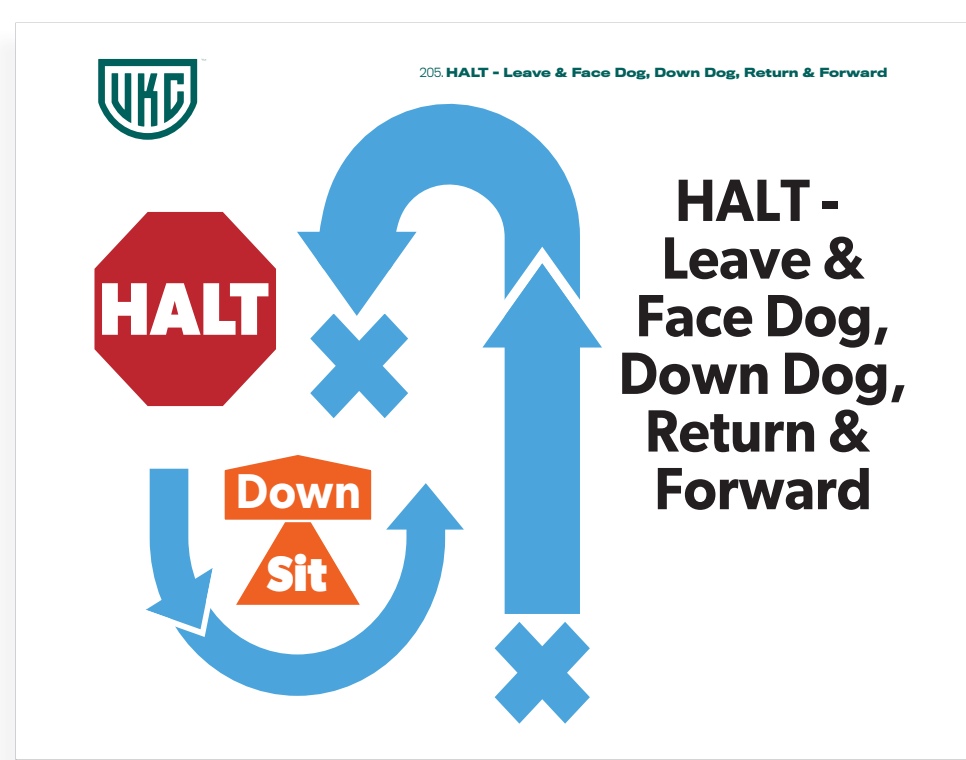
The team will approach the exercise sign and will halt with the dog in a sitting position. Once the dog has completed the sit, the handler will leave the dog and walk forward toward a cone approximately 6 feet ahead of them. The handler will go counterclockwise around the cone and will, without stopping, return to the dog by going around and behind the dog to return to heel position. There must be a brief pause before the team moves forward.



Exercise 204. HALT - Down, Handler Walks Around Cone, Back to Dog

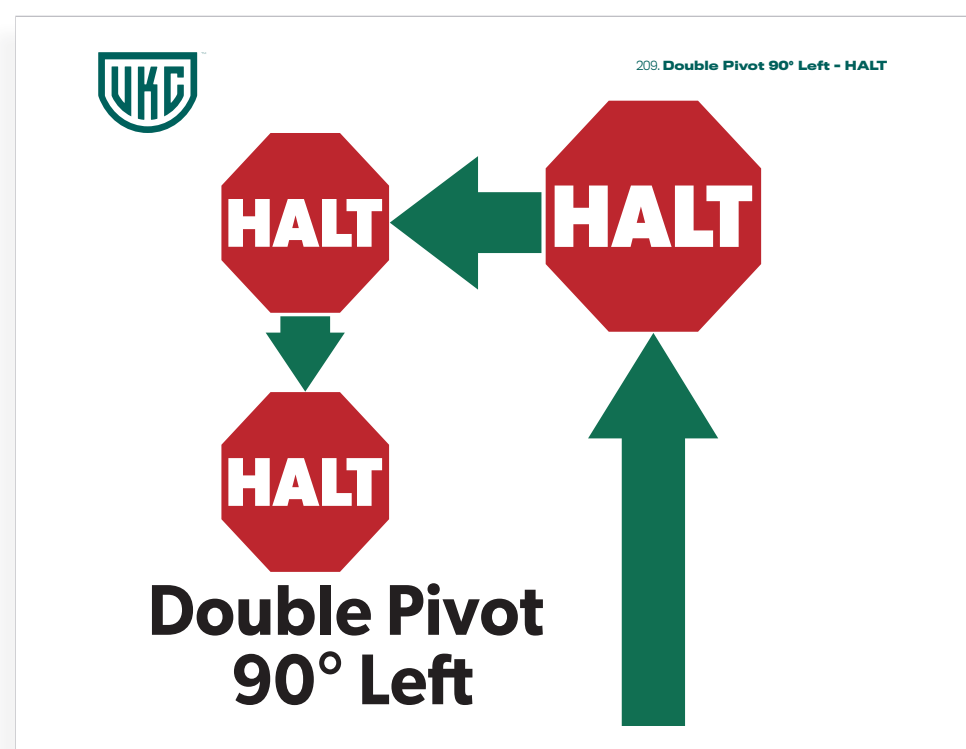
This exercise is identical to Exercise 203 except the dog must be commanded to down before the handler leaves and completes the exercise.

The team will approach the exercise sign and will halt with the dog in a sitting position. Once the dog has completed the sit, the handler will command the dog to down. Once the dog is in the down position, the handler will leave the dog and walk forward toward a cone approximately 6 feet ahead of them. The handler will go counterclockwise around the cone and will, without stopping, return to the dog by going around and behind the dog to return to heel position. There must be a brief pause before the team moves forward.



205. HALT - Leave and Face Dog - Down Dog - Return and Forward

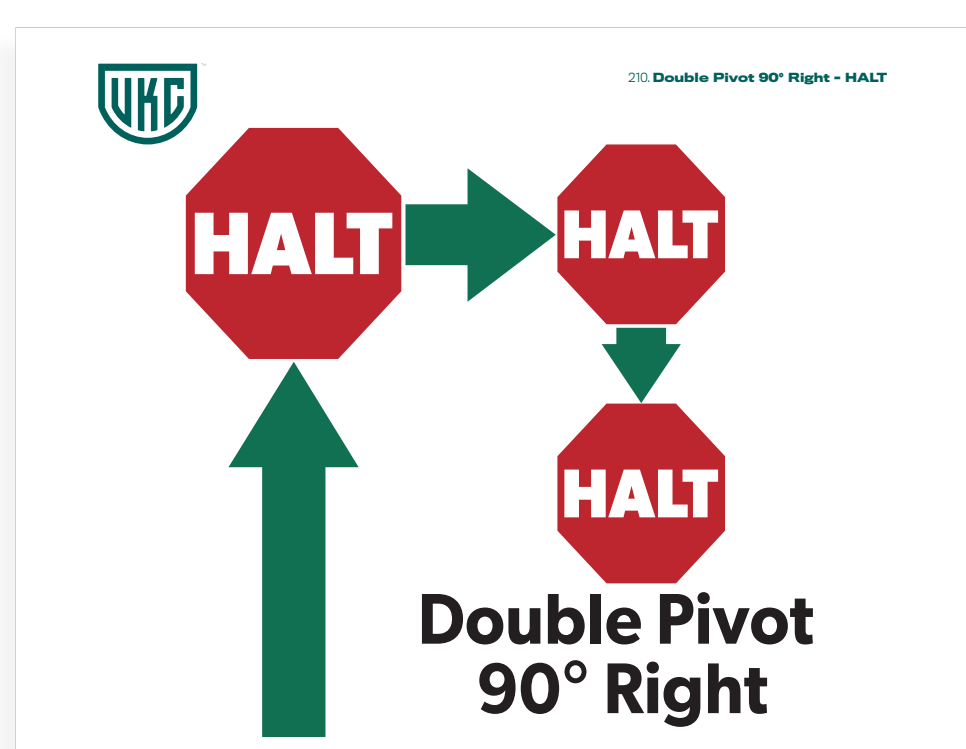
The team will approach the exercise sign and will halt with the dog in a sitting position. Once the dog is in the sitting position, the handler will leave the dog but only take one or two steps forward before turning to face the dog. Taking these steps will ensure the dog has enough room to take a down position. The handler will then turn to face the dog and command the dog to down. The dog must down and stay in down position. The handler will return to the dog by going counterclockwise around and behind the dog, returning to heel position. The handler will pause slightly before moving forward toward the next exercise.



209: Double Pivot 90 Left - HALT

Both Exercise 209 and Exercise 210 will reverse the direction the team is going.

For Exercise 209, the team will come to a complete halt and the dog will sit. The team will then make a pivot to the left and halt in the same space as the initial halt. The team will perform an additional pivot to the left, again in the same space, and will pause before moving forward. The team will be moving in the opposite direction from where they started.



210. Double Pivot 90 Right - HALT

For Exercise 210, the team will come to a complete halt and the dog will sit. The team will then make a pivot to the right and halt in the same space as the initial halt. The team will perform an additional pivot to the right, again in the same space, and will pause before moving forward. The team will be moving in the opposite direction from where they started.

Please don't hesitate to contact me at (269) 343-9020 or kshivers@ukcdogs.com with any questions. Happy training!

KAREN SHIVERS | UKC PROGRAM MANAGER

kshivers@ukcdogs.com • (269) 343-9020

